



Program Rates:

**Unbridled (6 Session Program): \$425**

This powerful program is a six week journey of growth & transformation ensured to leave you completely different than the day you walked onto the farm. Designed to work best for individuals rather than a group setting, and for ages of adolescence through adults. Each session (1 hr.) will flow one into the next, and create thought provoking and often mind-blowing experiences.

**Stable Strengths (6 Session Program): \$550**

There are life skills that it is imperative that each human develop to be their best self throughout life. Skills such as decision-making, creative thinking, communication, self-awareness building skills, empathy, and coping with stress and emotions have a direct impact on how you feel about yourself, your emotional balance, your physical health and your independence. Participants will work with horses to develop these skills on a 6 week journey. Each session (1.5 hrs.) leads into the other, for an all in one transformational program. Prices are per individual. Max of 4 participants. Discount for signing up multiple participants from the same organization.

**Individual Sessions: (1 hr.) \$75**

Participants will take part in a variety of "activities", partnering with the horses. Session activities may include grooming, leading, or herd observations. Sessions are always guided by the participant's comfort level. Areas of learning are endless, and include general life skills and social-emotional skills, and may be developed around personal goals.

**Groups: (1.5 hrs.): \$200 for 2 individuals. +\$50 for each additional up to 4.**

Any of our programs can be converted into a group setting. Groups will consist of no more than 4 participants and are scheduled based on age to allow for the most socially beneficial experience.

**Family Sessions (1.5 hrs.): \$250 for 2 individuals. +\$50 for each additional family member**

Family sessions are tailored to the family specifically. Each member is required to attend at least 2 individual sessions in order to develop personal awareness and skills before a family session can be scheduled. Family sessions will build skills in areas such as communication, trust, healthy boundaries, and conflict resolution, among others.

**Community Groups and Classroom Field Trip (2-3 hrs.): \$350**

Classes (15-20 students/participants) are invited to come out and experience the horses, up close and personal. A number of activities will be arranged that might include observing horse behaviors, grooming, handling, and/or basic stable management. These groups are designed to be a meet and greet type experience with hands-on interaction with our horses in a safe and supportive environment.

[TailsOfTransformation@gmail.com](mailto:TailsOfTransformation@gmail.com)

970-764-0037

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